

SKS Group of Institutions
SYLLABUS OF CLASS-XII , 2021-2022

SUBJECT	PERIODIC TEST -1	PERIODIC TEST -2	PRE-BOARD	ANNUAL EXAM
English	<p>March : <u>Literature</u> The Last Lesson My Mother at Sixty Six Writing Skills: Poster, Notice, Advertisement (commercial), Letter for placing order, seeking enquiry and complaint</p> <p>April : <u>Literature</u> An Elementary School Classroom.. Lost Spring The Tiger King On the Face of It Writing Skills : Advertisement (classified), Report (Newspaper), Invitation (Formal and Informal) Reading Skills: Note Making</p> <p>May: <u>Literature</u> Keeping Quiet Should Wizard Hit Mommy? Writing Skills: Speech, Report (School Magazine)</p> <p>June: <u>Literature</u> A thing of Beauty The Third Level Writing Skills: Editorial Letter, Application with CV Reading Skills: Note Making</p> <p>Mode of Assessment: Written Test: 40 Marks</p> <hr/>	<p>July : <u>Literature</u> The Rattrap Deep Water Aunt Jennifer's Tigers Poets and Pancakes Writing Skills: Article, Debate</p> <p>August : <u>Literature</u> Going Places Evans Tries an O'Level The Interview Writing Skills: Factual Descriptions Comprehension Grammar: Integrated Grammar</p> <p>September : PERIODIC TEST - 2 (Including P.T – 1 syllabus) Mode of Assessment: Written Test: 80 Marks</p> <hr/>	<p>September: <u>Literature</u> Memories of Childhood The Enemy Writing Skills: All the writing skills</p> <p>October: <u>Literature</u> The Enemy (cont ...) Indigo Writing Skills: All the writing skills</p> <p>November : Revision and Sample Papers</p> <p>December: PRE-BOARD EXAM on ENTIRE SYLLABUS</p> <hr/> <p>Mode of Assessment: Written Test: 80 Marks</p>	ENTIRE SYLLABUS

SUBJECT	PERIODIC TEST -1	HALF YEARLY		PRE-BOARD-1 and PRE-BOARD-2
<p>HISTORY (027)</p> <p><u>BOOK NAME-</u></p> <p><u>THEMES IN INDIAN HISTORY PART-I (NCERT)</u></p> <p><u>THEMES IN INDIAN HISTORY PART-II (NCERT)</u></p> <p><u>THEMES IN INDIAN HISTORY PART-III (NCERT)</u></p>	<p><u>APRIL</u></p> <p>THEMES IN INDIAN HISTORY PART-I :</p> <p><u>Unit:1-</u> The Story of the First Cities: Harappan Archaeology</p> <p><u>Unit:2-</u> Political and Economic History: How Inscriptions tell a Story</p> <p><u>Unit:3-</u> Social Histories: using the Mahabharata</p> <p><u>MAY</u></p> <p><u>Unit:3-</u> Social Histories: using the Mahabharata (To be continued)</p> <p><u>Unit:4-</u> A History of Buddhism: Sanchi Stupa</p> <p><u>JUNE</u></p> <p><u>Unit:4-</u> A History of Buddhism: Sanchi Stupa (To be continued)</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><u>PERIODIC TEST 1 (40 MARKS)</u></p> <p><u>Unit:1-</u> The Story of the First Cities: Harappan Archaeology</p> <p><u>Unit:2-</u> Political and Economic History: How Inscriptions tell a Story</p> <p><u>Unit:3-</u> Social Histories: using the Mahabharata</p> <p><u>Unit:4-</u> A History of Buddhism: Sanchi Stupa</p> </div>	<p><u>JULY</u></p> <p>THEMES IN INDIAN HISTORY PART-II :</p> <p><u>Unit:5-</u> Medieval Society through Traveller's Accounts</p> <p><u>Unit:6-</u> Religious Histories: The Bhakti-Sufi Movement</p> <p><u>Unit:7-</u> New Architecture: Hampi</p> <p><u>AUGUST</u></p> <p><u>Unit:8-</u> Agrarian Relations: The Ain-i-Akbari</p> <p><u>Unit:9-</u> The Mughal Court: Reconstructing Histories through Chronicles</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><u>HALF YEARLY EXAMINATION (80 MARKS)</u></p> <p>Part I : Unit: 1,2,3 and 4</p> <p>Part II : Unit: 5,6,7,8 and 9</p> </div>	<p><u>SEPTEMBER</u></p> <p>THEMES IN INDIAN HISTORY PART-III :</p> <p><u>Unit:10-</u> Colonialism and Rural Society: Evidence from Official Reports</p> <p><u>Unit:11-</u> Representation of 1857</p> <p><u>OCTOBER</u></p> <p><u>Unit:12-</u> Colonialism and Indian Town Plans and Municipal Reports</p> <p><u>Unit:13-</u> Mahatma Gandhi through Contemporary Eyes</p> <p><u>NOVEMBER</u></p> <p><u>Unit:13-</u> Mahatma Gandhi through Contemporary Eyes (To be continued)</p> <p><u>Unit:14-</u> Partition through Oral Sources</p> <p><u>Unit:15-</u> The Making of the Constitution</p>	<p><u>DECEMBER</u></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Part I : All the Units</p> <p>Part II : All the Units</p> <p>Part III : All the Units</p> </div>

SUBJECT	PERIODIC TEST -1	HALF YEARLY		PRE-BOARD-1 and PRE-BOARD-2
<p>GEOGRAPHY (029)</p> <p>BOOK NAME-</p> <p>Part A : Fundamentals of Human Geography</p> <p>Part B: India People and Economy (NCERT)</p>	<p>APRIL</p> <p>Part A : Unit:1- Human Geography Ch - 1: Nature and Scope Unit:2- People Ch-2:-Population distribution, density and growth Ch-3:-Population composition Ch-4:-Human Development</p> <p>MAY</p> <p>Part A : Unit:5- Settlements Ch - 10:Human Settlements</p> <p>Part B: Unit:8- Resource & Development Ch - 5: Land Resources and Agriculture Ch - 6:Water Resources</p> <p>JUNE</p> <p>Part B : Unit:8- Resource & Development Ch - 7: Mineral and Energy Resources</p> <p>Part A : Unit:3- Human Activities Ch - 5:Primary Activities</p> <div style="border: 1px solid black; padding: 5px;"> <p>PERIODIC TEST 1 (40 MARKS) Part A : Unit:1- Ch-1 Unit:2- Ch-2,3,4 Unit:4- Ch-10 Part B : Unit:8- Ch-5,6,7 (upto mineral and energy resources)</p> </div>	<p>JULY</p> <p>Part A : Unit:3- Human Activities Ch - 6:Secondary Activities Ch - 7:Tertiary & Quaternary Activities Unit:4- Transport, Communication and Trade Ch - 8: Transport and Communication Ch - 9: International Trade</p> <p>Part B: Unit:6- People Ch - 1: Population Distribution, Density Growth and Composition Ch - 2: Migration Ch - 3: Human Development</p> <p>AUGUST</p> <p>Part B: Unit:7- Human Settlements Ch - 4: Human Settlements Unit:8- Resource & Development Ch - 8: Manufacturing Industries Ch - 9: Planning and Sustainable Development</p> <div style="border: 1px solid black; padding: 5px;"> <p>HALF YEARLY EXAMINATION (70 MARKS) Part A : Unit:1,2,3,4 and 5 Part B : Unit:1 and 3 (Ch: 5,6 and 7)</p> </div>	<p>SEPTEMBER</p> <p>Part B : Unit:9- Transport, Communication and International Trade Ch-10: Transport and Communication Ch-11: International Trade</p> <p>OCTOBER</p> <p>Part B : Unit:10- Geographical Perspective on Selected Issues and Problems Ch-12: Geographical Perspective on Selected Issues and Problems</p> <p>NOVEMBER</p> <p>Part C : Field Study Practical Work and Revision Of all the Chapters</p>	<p>DECEMBER</p> <p>Part A : All the chapters Part B: All the chapters</p>

SUBJECT	PERIODIC TEST -1	HALF YEARLY		PRE-BOARD-1 and PRE-BOARD-2
<p>ECONOMICS</p> <p>BOOK NAME-</p> <p>Part A : Macroeconomics</p> <p>Part B: Indian economics</p> <p>NCERT</p>	<p>APRIL</p> <p>Part A :</p> <p>Ch - 1: What is Macroeconomics? Basic concepts on macroeconomics.</p> <p>Part B:</p> <p>Ch-1:-Indian Economy on the Eve of Independence.</p> <p>MAY</p> <p>Part A :</p> <p>Ch – 1: Circular flow of income (Two sector model). Aggregates related to National Income.</p> <p>Part B:</p> <p>Ch - 1: Contd...</p> <p>Ch – 2: Indian Economy 1950-1990</p> <p>JUNE</p> <p>Part A :</p>	<p>JULY</p> <p>Part A :</p> <p>Unit 2- Money and banking</p> <p>Unit 3- Determination of Income and Employment.</p> <p>Part B:</p> <p>Ch - 4:Poverty</p> <p>Ch - 5: Human Capital Formation</p> <p>AUGUST</p> <p>Part A :</p> <p>Unit 3- Contd....</p> <p>Part B :</p> <p>Ch-6: Rural Development</p> <p>Ch-7: Employment, growth, Informalisation.</p> <p>Half Yearly Examination (80 marks)</p>	<p>SEPTEMBER</p> <p>Part A :</p> <p>Unit 4- Budget</p> <p>Part B :</p> <p>Unit 7:contd..... Chapter 8: Infrastructure.</p> <p>OCTOBER</p> <p>Part A :</p> <p>Unit 6- Balance of Payment</p> <p>NOVEMBER</p> <p>Part B :</p> <p>Ch-9:Environment on sustainable development. Ch-10:Comparative development studies of India and its neighbouring countries.</p>	<p>Revision of all chapters.</p> <p>Part A : All the chapters</p> <p>Part B: All the chapters</p>

	<p>Ch-3: Methods of calculating National Income</p> <p>Part B :</p> <p>Ch - 3: Liberalisation, Privatisation, Globalisation.</p> <p>Periodic Test 1 (40 marks)</p> <p>Part A : Macro Unit -1 (full).</p> <p>Part B : Indian Unit 6 (Ch-1,2)</p>	<p>Part A : Unit -1,2,3,(full)</p> <p>Part B : Unit 6 and 7</p>		
<p>PAINTING BOOKS NAME : HISTORY OF INDIAN ART</p>	<p>APRIL</p> <p>1.Rajasthani School of Miniature Painting:-</p> <p>i) Origin and development ii) Sub-schools- Mewar, Bundi, Jodhpur, Bikaner, kishargah and jaipur iii) Study of following Rajasthani Painting:</p> <p>a) Maruragini, b) Chaugan Players c) Krishna on swing d) Radha (Bani Thari) e) Bharat meets Rama at chitrakut</p> <p>PRACTICAL : Design, nature, decorative ,still life</p> <p>MAY</p> <p>3.The Pahari School of Miniature painting</p> <p>i) Origin and development ii) Sub Schools- Basohli, Guler,</p>	<p>JUNE</p> <p>4.The Mughal school Miniature Painting</p> <p>i) Origin and development ii) Main features of the Mughal school iii) Study of the following mughal Painting.</p> <p>a) Krishna Lifting mount Govardhana. b) Falcon on a Bird-Rest. c) Kabir and Raidas. d) Marriage Procession of Dara Shukoh.</p> <p>5.The Deccan School of Miniature Painting</p> <p>i) Origin and development ii) Krishna Lifting Mount Govardhana.</p> <p>PRACTICAL:</p>	<p>a) Journey's End b) Shiv and Sati. c) Radhika. d) Meghdoot.</p> <p>PRACTICAL: Religious, social and personal activities</p> <p>AUGUST</p> <p>8. Contribution of Indian Artists in the Struggle for National Freedom Movement</p> <p>9. Evolution of the Indian National Flag</p> <p>PRACTICAL: Cultural activities</p> <p>SEPTEMBER</p> <p>10. Modern Trends in Indian Art</p> <p>11. Paintings of the</p>	<p>PRACTICAL: Ideas of personal, social, national paintings</p> <p>NOVEMBER</p> <p>a) Devi b) Man, Woman and Tree c) Of Walls d) Man, Woman and Tree</p> <p>13. Sculptures of the Contemporary (Modern) Indian Artists</p> <p>a) Triumph of Labour, b) Santhal Family</p> <p>PRACTICAL: Composition with human figures by colour</p> <p>DECEMBER</p>

	<p>Kangra, Chamba and Garhwal iii) Main features of the Pahari School. iv) Study of the following Pahari Painting – a) Krishna with Gopis b) Nand, Yashoda and Krishna with Kinsmen going to Vrindavana_ <u>PRACTICAL :</u> Family , Friends and daily life</p>	<p>Games and sports activities by pencil & water colour P.T –I Exam <u>JULY</u> Study of the following Deccan Painting. a) Chand Bibi Playing Polo (Chaugan) b) Hajrat Nizamuddin Auliya and Amir Khusro 6.Bengal School of Painting i).Origin and development Study of the following Paintings of Bengal School.</p>	<p>Contemporary (Modern) Indian Artists. a) Rama Vanquishing the Pride of the Ocean b) Mother and Child c) Haldi Grinders. d) Mother Teresa <u>PRACTICAL:</u> Revision Half Yearly Examination: <u>OCTOBER</u> 12.Graphic Prints of the Contemporary (Modern) Indian Artists a). Children</p>	<p>c).Ganesha, d). Cries Unheard <u>PRACTICAL:</u> Revision Pre Board Exam <u>Mode of Assessment</u> Theory Exam -30 marks Practical Exam -70 marks</p>
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SKS Group of Institutions				
Syllabus of Class- XII, 2021-2022				
SUBJECT-POLITICAL SCIENCE(028)				
SUBJECT	PERIODIC TEST -1	HALF YEARLY		PRE-BOARD-1 and PRE-BOARD-2
BOOK NAME- Part A : Contemporary World Politics Part B: Politics in India since Independence NCERT	APRIL Part A : Ch - 1: Cold War Era Ch - 2: The End of Bipolarity Part B: Ch-1:-Challenges of Nation Building MAY Part A : (Ch - 3:US Hegemony in World Politics has been deleted) Ch - 4: Alternative Centres of Power JUNE Part B : (Ch - 2: Era of One-Party Dominance has been merged with ch-5) Ch - 3: Politics of Planned Development Periodic Test 1 (40 marks) Part A : Ch-1,2. Part B : Ch-1,3.	JULY Part A : Ch - 5: Contemporary South Asia in the Post-Cold War Era Part B: Ch - 4:India's External Relations Ch - 5: Challenges to the Congress System (To be started...) AUGUST Part B : Ch - 5: Challenges to the Congress System (To be completed...) Part A : Ch-6: International Organizations. Part B : Ch-6: Crisis of the Democratic Order.(To be started...) Half Yearly Examination (80 marks) Part A : Ch-1,2,3,4,5,6. Part B : Ch-1,3,4,5.	SEPTEMBER Part B : Ch-6: Crisis of the Democratic Order.(To be completed...) Ch-7:Popular Movements in India Part A : Ch-7:Security in Contemporary World OCTOBER Part A : Ch-8:Environment and Natural Resources Ch-9:Globalization NOVEMBER Part B : Ch-8:Regional Aspirations Ch-9:Recent Developments in Indian Politics	Part A : All the chapters Part B: All the chapters

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SKS Group of Institutions				
Syllabus of Class-XII , 2021-2022				
SUBJECT	PERIODIC TEST -1 APRIL/MAY/JUNE < THEORY >	HALF YEARLY JULY/AUGUST < THEORY >	PRE-BOARD - 1 SEP./OCT./NOV. < THEORY >	PRE-BOARD -2 <u>JAN.</u>
<u>HEALTH AND PHYSICAL EDUCATION</u>	<p style="text-align: center;"><u>UNIT-1</u></p> <p>A) Planning in sports:-</p> <ul style="list-style-type: none"> ➤ Meaning and objective of planning. ➤ Various committees. ➤ Tournaments. ➤ Intramural and extramural. ➤ Health run, sports day, run for fun etc. <p style="text-align: center;"><u>UNIT – 2</u></p> <p>B) Sports and nutrition:-</p> <ul style="list-style-type: none"> ➤ Balance diet and nutrition. ➤ Nutritive and non-nutritive component of diet. ➤ A healthy weight, pitfalls of dieting, food intolerance, food myths. <p style="text-align: center;"><u>UNIT -3</u></p> <p>C) Yoga and lifestyle:-</p>	<p style="text-align: center;"><u>UNIT – 4</u></p> <p>D) Physical education and sports for CWSN :-</p> <ul style="list-style-type: none"> ➤ Concept of disabilities and disorder. ➤ Types of disabilities, causes. ➤ ADHD, SPD, ASD, ODD, OCD. ➤ Disability etiquettes. ➤ Advantage of physical activities for children with special needs. ➤ Strategies to make physical activities assessable for children with special need. <p style="text-align: center;"><u>UNIT – 5</u></p> <p>E) Children and women in sports :-</p> <ul style="list-style-type: none"> ➤ Motor development and factors. ➤ Growth and development. 	<p style="text-align: center;"><u>UNIT – 7</u></p> <p>G) Physiology and injuries in sports:-</p> <ul style="list-style-type: none"> ➤ Factors determining component of physical fitness. ➤ Effect of exercise on cardio-respiratory system, muscular system. ➤ Physiological changes due to ageing. ➤ Sports injuries:- soft tissue injuries, bone and joint injuries. ➤ First Aid. <p style="text-align: center;"><u>UNIT – 8</u></p> <p>H) Biomechanics and sports :-</p> <ul style="list-style-type: none"> ➤ Meaning and importance. ➤ Types of movements. ➤ Newton's law of motion- it's application in sports. ➤ Friction and sports. 	<p>Revision from unit-1 to unit-10.</p> <p>Syllabus for pre-board-2 is same as pre-board-1.</p>

	<ul style="list-style-type: none"> ➤ Asanas as preventive measures. Procedure, benefits, contraindication for asanas in :- ➤ Obesity ➤ Diabetes ➤ Asthma ➤ Hypertension ➤ Back pain. <p style="text-align: center;">< PRACTICAL ></p> <ul style="list-style-type: none"> ➤ Physical fitness test for all items. ➤ Motor fitness test (any two) 	<ul style="list-style-type: none"> ➤ Common postural deformities. ➤ Sports participation of women in India. ➤ Special consideration. ➤ Female Athletes Triad. <p style="text-align: center;"><u>UNIT – 6</u></p> <p>F) Test and Measurement in sports :-</p> <ul style="list-style-type: none"> ➤ Motor Fitness Test. ➤ General motor fitness. ➤ Cardio Vascular Fitness. ➤ Senior citizen fitness test – chair stand test, arm curl test, chair sit and reach test, Backscratch test, eight foot up and go test, six minute walk test. <p style="text-align: center;"><u>< PRACTICAL ></u></p> <ul style="list-style-type: none"> ➤ Perform any two asanas for four lifestyle diseases. ➤ Motor fitness test. ➤ Skill test of anyone game. ➤ Viva. 	<p style="text-align: center;"><u>UNIT – 9</u></p> <p>I) Psychology and sports :-</p> <ul style="list-style-type: none"> ➤ Personality- definition and types. ➤ Motivation. ➤ Reason and benefits of exercise. ➤ Strategies for enhancing adherence to exercise. ➤ Aggressions. <p style="text-align: center;"><u>UNIT-10</u></p> <p>J) Training in sports:-</p> <ul style="list-style-type: none"> ➤ Strength. ➤ Endurance. ➤ Speed. ➤ Flexibility. ➤ Coordinative abilities. ➤ Circuit training. <p style="text-align: center;"><u>DECEMBER</u></p> <p>Theory syllabus for pre-board –1 is from unit-1 to unit-10.</p> <p>Practical syllabus for pre-board-1 will be</p> <ol style="list-style-type: none"> 1) Motor physical fitness test. 2) perform any two asanas. 3) Skill test of anyone game. 4) Viva. 5) Practical record file. 	
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